

GEMS TARIFF FOR SERVICES BY BIOKINETICS WITH EFFECT FROM 1 JANUARY 2020

Practice Type: **Biokinetics**
Code: **091**

TARIFF CODE	TARIFF DESCRIPTION	CONVERSION FACTOR	BASE FACTOR	NUMBER OF UNITS	TARIFF VALUE
	<p>In calculating the GEMS Tariff, the following rounding method is used: Values R10 and below rounded to the nearest cent, R10+ rounded to the nearest 10cent. Modifier values are rounded to the nearest cent. When new item prices are calculated, e.g. when applying a modifier, the same rounding scheme should be followed.</p> <p>ALL GEMS TARIFFS ARE VAT INCLUSIVE.</p>				
GENERAL RULES					
002	The consultation code may be charged only once at the same consultation or visit. Consultation includes history taking, guidance, education, health promotion and/or consultation				
003	A maximum of three diagnostic procedures may be charged at the same consultation or visit. Diagnostic procedures include the full range of diagnostic and evaluation procedures within the scope of practice of the biokineticist, including for example: anthropometric / body composition assessments, ergological testing evaluations and perceptual motor evaluation.				
004	A maximum of three treatment procedures may be charged at the same consultation or visit for any single diagnosis. This limitation shall be inclusive of a maximum of one group treatment procedure (code 12), where applicable. Treatment procedures include the full range of rehabilitative or preventive treatment or care procedures within the scope of practice of the biokineticist, including for example: hydrotherapy, callisthenics exercises and programme prescription for individuals with CHD.				
005	After a series of 12 treatments in respect of one patient for the same condition, the practitioner concerned shall report to the scheme as soon as possible if further treatment is necessary. Further continuance of treatment should only be considered if recommended by the medical practitioner(s) and others involved in the rehabilitation of the patient.				
010	<p>Every biokineticist must acquaint himself with the provisions of the Medical Schemes Act, 1998, and the regulations promulgated under the Act in connection with the rendering of accounts.</p> <p>Every account shall contain the following particulars :</p> <ul style="list-style-type: none"> • The name and practice code number of the referring practitioner. • The name of the member. • The name of the patient. • The name of the medical scheme. • The membership number of the member. • The date on which the service was rendered. • The relevant diagnostic codes and NHRPL item code numbers relating to the health service rendered 				
011	It is recommended that, when such benefits are granted, drugs, consumables and disposable items used during a procedure or issued to a patient on discharge will only be reimbursed by a medical scheme if the appropriate code is supplied on the account.				

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1	CONSULTATIONS / PATIENT EDUCATION / COUNSELING				
107	Appointment not kept (schemes will not necessarily grant benefits in respect of this item, it will fall into the "By arrangement with the scheme" or "Patient own account" category).	340	0	0,000	
901	Initial consultation including; a problem focused history; a short problem focused examination; and straightforward biokinetic decision making but excluding evaluation. To be charged only once per course of treatment. (inclusive of lung function tests)	340	1	16,700	R133,00
903	Subsequent consultation for the same condition (global fee covering a problem focused interval history and re-examination; and straightforward biokinetic decision making but excluding physical re-assessment). To be charged only once per course of treatment.	340	1	11,700	R93,30
905	Consultation at hospital (global fee including a problem focused history; a problem focused examination; and biokinetic decision making excluding evaluation and physical re-assessment of a patient). To be charged only once per course of treatment.	340	1	16,700	R133,00
922	Patient education (based upon the evaluation outcomes)	340	1	16,300	R129,90
936	Health promotion and lifestyle modifications	340	0	0,000	R0,00
2	EVALUATION / DIAGNOSTIC PROCEDURES				
908	Simple evaluation at the first visit only (to be fully documented)	340	1	10,000	R79,80
909	Complex evaluation at the first visit only (to be fully documented).	340	1	16,700	R133,00
912	Anthropometric/body composition assessment	340	1	10,000	R79,80
913	Ergological testing evaluation of body segment, limb or joint	340	1	28,500	R227,30
914	Neurological patients: Ergological evaluation	340	1	16,700	R133,00
915	Postural analysis and/or analysis of activities of daily living, gait and specific motor acts	340	1	16,700	R133,00
916	Perceptual motor evaluation (perception and gross motor function)	340	1	16,700	R133,00
917	Physical work capacity (treadmill or bicycle ergometer/other electronic equipment) / Musculoskeletal assessment (strength, endurance, range of motion, posture)	340	1	28,500	R227,30
918	Physical work capacity with full ECG	340	1	28,500	R227,30
920	Isotonic, isometric or EMG testing by means of specialised electronic equipment	340	1	28,500	R227,30
921	Isokinetic testing by means of specialised electronic equipment	340	1	28,500	R227,30

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3	THERAPEUTIC PROCEDURES (PHYSICAL REHABILITATION)				
	Maximum of 3 modalities, per diagnosis, may be charged per visit				
923	Proprioception, balance and motor co-ordination exercise therapy session with or without equipment	340	1	16,300	R129,90
925	Hydrotherapy where the condition of the patient is such that it requires the undivided attention of the Biokineticist	340	1	16,300	R129,90
926	Exercise on Isokinetic apparatus/Isotonic/Isometric resistance equipment.	340	1	16,300	R129,90
927	Posture, gait and activities of daily living (ADL), with/without equipment use	340	1	16,300	R129,90
928	A rehabilitative exercise prescription	340	1	16,300	R129,90
929	Callisthenics exercises	340	1	16,300	R129,90
930	Group session with high risk patients, per patient (maximum 10 patients)	340	1	8,800	R70,20
931	Passive and active range of motion exercise therapy	340	1	16,300	R129,90
933	Programme prescription for an individual with CHD health risks including hyperlipidaemia, metabolic disorders, Low-Back pain/ Lumbago etc.				
934	Group exercise sessions, per patient	340	1	8,800	R70,20